

March 2023

**TO: All Kaiser Bargaining Unit Participants**  
AFL Hotel and Restaurant Workers Health and Welfare Trust Fund

**FROM: Board of Trustees**

**SUBJECT: COBRA Program and Employee Self-Payment Program**

The Board of Trustees have adopted the following changes to the COBRA and Self-Payment Programs:

**I. COBRA Program**

**Effective April 1, 2023**, the rates for the COBRA Program will be changed as follows:

**A. Actives**

Effective 04/01/23

Indemnity w/ HDS Dental	\$ 919.18
Kaiser w/ HDS Dental	\$1,525.00

Full coverage includes medical, prescription drug, dental, and vision benefits.

**B. Retirees**

**Medical and prescription drug<sup>1</sup>**

Effective 04/01/23

**Retirees < 65**

Indemnity (per individual)	\$ 891.16
Kaiser (per individual)	\$1,085.26

**Retirees ≥ 65**

Effective 04/01/23

HMSA (per individual / medical only)	\$ 92.82
HMSA (per individual)*	\$ 208.08
Kaiser Sr. Advantage (per individual)	\$ 416.65

*\*Includes HMSA Akamai Advantage medical plan and Medicare Part D EGWP drug plan.*

<sup>1</sup> Retirees with less than 15 years of credited service receive medical & prescription drug benefits.

## **II. Employee Self-Payment Program**

**Effective April 1, 2023**, the rates for the Self-Payment Program will be changed as follows:

	<u>Effective 04/01/23</u>
<b>Kaiser</b>	Composite \$ 1,416.87

*Coverage includes medical and prescription drug.*

Should you have any questions on the above changes or need assistance with your coverage, please contact the Trust Fund office at (808) 523-0199, or for neighbor islands, call toll free at (866) 772-8989. If you are unable to contact the Trust Fund Office during normal business hours, inquiries may be emailed to [hiaflinfo@brmsonline.com](mailto:hiaflinfo@brmsonline.com).

### *Disclosure of Grandfathered Status*

*The Trust Fund believes its group health plans are “grandfathered health plans” under the Patient Protection and Affordable Care Act (the Affordable Care Act). As permitted by the Affordable Care Act, a grandfathered health plan can preserve certain basic health coverage that was already in effect when that law was enacted. Being a grandfathered health plan means that your plan may not include certain consumer protections of the Affordable Care Act that apply to other plans, for example, the requirement for the provision of preventive health services without any cost sharing. However, grandfathered health plans must comply with certain other consumer protections in the Affordable Care Act, for example, the elimination of lifetime limits on benefits.*

*Questions regarding which protections apply and which protections do not apply to a grandfathered health plan and what might cause a plan to change from grandfathered health plan status can be directed to the plan administrator, Benefit & Risk Management Services, Inc., at 560 North Nimitz Highway, Suite 209, Honolulu, Hawaii 96817-5315 or 1-808-523-0199. You may also contact the Employee Benefits Security Administration, U.S. Department of Labor at 1-866-444-3272 or [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform). This website has a table summarizing which protections do and do not apply to grandfathered health plans.*